

# Cass Jr High Lunch Menu

## February 2022

**31**

Popcorn Chicken w/ Pretzel Rod  
Cheese Pizza +  
Turkey Cheese Sub

French Fries  
Steamed Carrots  
Fresh Broccoli Florets

Pear  
Orange  
100% Apple Juice

**1**

Grilled Cheese Melt +  
Cheese Pizza +  
C.Ham & Cheese Sandwich ▲

Mashed Potatoes  
Side Salad  
Baby Carrots

Applesauce  
Diced Fruit

**2** Ntnl Tater Tot Day

Mini Corn Dogs ▲  
Cheese Pizza +  
M-Y-O Flatbread Pizza Kit +

Tater Tots  
Baked Beans  
Celery Sticks

Watermelon Craisins  
Orange  
100% Fruit Juice

**3**

Italian Cheesy Pull Aparts +  
Cheese Pizza +  
C.Ham & Cheese Sandwich ▲

Side Salad  
Seasoned Green Beans  
Baby Carrots

Apple  
Banana

**4**

Bosco Sticks w/ Pizza Dipping  
Sauce  
Cheese Pizza +  
Turkey Cheese Sub

Tater Tots  
Sweet Golden Corn  
Cucumber Slices

Diced Fruit  
Orange  
100% Apple Juice

**7**

Minni Cinni Roll  
C.Sausage Patties ▲  
Cheese Pizza +  
Turkey Cheese Sub

Tater Tots  
Steamed Carrots  
Fresh Broccoli Florets

Pear  
Orange  
100% Apple Juice

**8**

Chicken Patty  
Cheese Pizza +  
C.Ham & Cheese Sandwich ▲

Mashed Potatoes  
Side Salad  
Baby Carrots

Applesauce  
Diced Fruit

**9** National Pizza Day

Cheese Pizza +  
Pizza Crunchers +  
M-Y-O Flatbread Pizza Kit +

French Fries  
Baked Beans  
Celery Sticks

Watermelon Craisins  
Orange  
100% Fruit Juice

**10**

Grilled Cheese Melt +  
Cheese Pizza +  
C.Ham & Cheese Sandwich ▲

Seasoned Green Beans  
Side Salad  
Baby Carrots

Apple  
Banana  
100% Fruit Juice

**11**

Pizza Sticks w/  
Pizza Dipping Sauce +  
Cheese Pizza +  
Turkey Cheese Sub

Tater Tots  
Sweet Golden Corn  
Cucumber Slices

Diced Fruit  
Orange

**14** Valentine's Day

Chicken Nuggets w/ Pretzel Rod  
Cheese Pizza +  
Turkey Cheese Sub

Tater Tots  
Steamed Carrots  
Fresh Broccoli Florets

Rosy Applesauce  
Orange  
100% Apple Juice

**15**

Mozzarella Sticks w/ Pizza  
Dipping Sauce +  
Cheese Pizza +  
C.Ham & Cheese Sandwich ▲

Mashed Potatoes  
Side Salad  
Baby Carrots

Applesauce  
Diced Fruit

**16**

Mini Corn Dogs ▲  
Cheese Pizza +  
M-Y-O Flatbread Pizza Kit +

French Fries  
Baked Beans  
Celery Sticks

Watermelon Craisins  
Orange  
100% Fruit Juice

**17** Act of Kindness Day

Chicken Patty  
Cheese Pizza +  
C.Ham & Cheese Sandwich ▲

Seasoned Green Beans  
Side Salad  
Baby Carrots

Applesauce  
Diced Fruit  
100% Fruit Juice

**18**

*Early Release*

**21**

*No School*

**22**

Cheeseburger  
Cheese Pizza +  
C.Ham & Cheese Sandwich ▲

Mashed Potatoes  
Side Salad  
Baby Carrots

Applesauce  
Diced Fruit

**23**

Corndog ▲  
Cheese Pizza +  
M-Y-O Flatbread Pizza Kit +

French Fries  
Baked Beans  
Celery Sticks

Watermelon Craisins  
Orange  
100% Apple Juice

**24**

Chicken Nuggets w/ Pretzel Rod  
Cheese Pizza +  
C.Ham & Cheese Sandwich ▲

Seasoned Green Beans  
Side Salad  
Baby Carrots

Apple  
Banana

**25**

Cheese Pizza +  
Cheese Pizza +  
Turkey Cheese Sub

Tater Tots  
Sweet Golden Corn  
Cucumber Slices

Diced Fruit  
Orange  
100% Fruit Juice

**28** Hot Breakfast Month

Blueberry Waffles  
C.Sausage Patties ▲  
Cheese Pizza +  
Turkey Cheese Sub

Tater Tots  
Steamed Carrots  
Fresh Broccoli Florets

Pear  
Orange  
100% Apple Juice

*Join us for these national food holidays*

February 9<sup>th</sup> – National Pizza Day

- Cheese Pizza

February 28<sup>th</sup> – Hot Breakfast Month Feature

- Mini Blueberry Waffles & Chicken Sausage Patties



**Lunch Price**  
Lunch is free for the  
2021-2022 school  
year.

**Available Daily**  
Sunbutter & Jelly Sandwich  
Milk Variety